

**Q.P Code: 202318**

**Reg. No: .....**

**M. Phil Clinical Psychology Part II Regular/Supplementary  
Examinations December 2024**

**Paper II: Psychotherapy and Counselling  
(2017 Scheme)**

**Time: 3 hrs**

**Max. Marks: 70**

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw table/diagrams/flow charts wherever necessary*

**Long Essays**

**(4x14=56)**

1. Define counseling and psychotherapy. Explain the goals, techniques and major approaches in counseling.
2. Describe the hurdles and methods to maintain a good therapeutic relationship with a client.
3. Elucidate the differences between Micro and Macro skills in counselling
4. Discuss various Indian approaches to Psychotherapy.

**Short Essays**

**(2x7=14)**

5. Explain the major ethical and legal issues involved in psychotherapy and counselling in current scenario.
6. Explain the importance of Biofeedback in clinical practice.

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